

Multi Sports Camp

July 17th-21st, 2023



Monday-July 17th

9:00am	Drop off - Dressing Rm A
9:15 - 10:00am	Volleyball
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	California Kickball
11:45- 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Ultimate Frisbee
4:00pm	Pick up - Dressing Rm A

Tuesday - July 18th

9:00am	Drop off - Dressing Rm A
9:15 -10:00am	Capture the Flag
10:00 - 10:45am	Earthball
11:00 - 11:45am	Lunch
12:00 - 1:30pm	Ice Skating
1:00 - 2:30pm	Volleyball
2:30 - 3:00pm	Pickleball
3:00 - 3:45pm	Soccer
4:00pm	Pick up - Dressing Rm A

Wednesday - July 19th

9:00am	Drop off - Dressing Rm A
9:15 -10:00am	Ultimate Frisbee
10:00 -10:45am	Parachute
11:00 - 11:45am	California Kickball
11:45 -12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Basketball
4:00pm	Pick up - Dressing Rm A

Thursday - July 20th

9:00am	Drop off - Dressing Rm A
9:00 -10:00am	Soccer
10:00 -10:45am	Volleyball
11:00 -11:45am	Lunch
12:00 -1:30pm	Ice Skating
1:30 - 2:30pm	Parachute
2:30 - 3:00pm	Pickleball
3:00 - 3:45pm	Earthball
4:00pm	Pick up - Dressing Rm A

Friday - July 21st

9:00am	Drop off - Dressing Rm A
9:00 -10:00am	Capture the Flag
10:00 -10:45am	Laser Tag
11:00 - 11:45am	California Kickball
11:45 -12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Bring your own water gun battle
4:00pm	Pick up - Dressing Rm A



Please bring:

Helmet, snacks/ lunch, running shoes, bathing suit, towel, outdoor wear, water bottle, skating clothes and skates if you have them.

Strathcona Gardens
Recreation Complex

225 S. Dogwood St.
Campbell River, BC

P: 250-830-6777

Mon - Fri

9 am - 4 pm

FOR MORE INFO:

**Program Coordinator -
Arenas & Other
Programs**

**Joel Wheeldon
250-830-6755
jwheeldon@srd.ca**

NOTES:

- Please do not have your children bring money or valuables to the facility.
- Please let the leader know if your child has any allergies or medications of which we should be aware.
- Skate rentals available (included with camp admission).

www.strathconagardens.com