

Multi Sports Camp



Monday-Jul 31st

9:00am	Drop off - Dressing Rm E&F
9:15 - 10:00am	Volleyball
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	California Kickball
12:00 - 1:00pm	Walk to/ lunch @ outdoor pool
1:00 - 2:40pm	Swimming
3:00 - 3:15pm	Bus to arena
3:15 - 3:45pm	Ultimate Frisbee
4:00pm	Pick up - Dressing Rm E&F

Tuesday - Aug 1st

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Soccer
10:00 - 11:00am	Ice Skating
11:15 - 11:45am	Lunch
12:00 - 1:00pm	Swimming
1:15 - 2:00pm	Basketball
2:15 - 3:00pm	Pickleball
3:15 - 3:45pm	Capture the Flag
4:00pm	Pick up - Dressing Rm E&F

Wednesday - Aug 2nd

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Ultimate Frisbee
10:00 -10:45am	Parachute
11:00 - 11:45am	California Kickball
11:45-12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:40pm	Swimming
3:00 - 3:15pm	Bus to arena
3:15 - 3:45pm	Capture the Flag
4:00pm	Pick up - Dressing Rm E&F

Thursday - Aug 3rd

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Soccer
10:00 -11:00am	Ice Skating
11:15-11:45am	Lunch
12:00 -1:00pm	Swimming
1:15- 2:00pm	PLAY CR Games
2:15 - 3:00pm	Pickleball
3:00 - 3:45pm	Bring your own water gun battle
4:00pm	Pick up - Dressing Rm E&F

Friday - Aug 4th

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Capture the Flag
10:00 -10:45am	Laser Tag
11:00 - 11:45am	California Kickball
11:45- 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:40pm	Swimming
3:00 - 3:15pm	Bus to arena
3:15 - 3:45pm	Capture the Flag
4:00pm	Pick up - Dressing Rm E&F



Please bring:

Helmet, snacks/ lunch, running shoes, bathing suit, towel, outdoor wear, water bottle, skating clothes and skates if you have them.

Strathcona Gardens
Recreation Complex

225 S. Dogwood St.
Campbell River, BC

P: 250-830-6777

Jul 31-Aug 4

Mon - Fri

9:00 - 4:00 pm

FOR MORE INFO:

Program Coordinator -
Arenas & Other
Programs

Joel Wheeldon
250-830-6755
jwheeldon@srd.ca

NOTES:

- Please do not have your children bring money or valuables to the facility.
- Please let the leader know if your child has any allergies or medications of which we should be aware.
- Skate rentals available (included in camp admission).

www.strathconagardens.com