

Multi Sports Camp



Monday - July 29th

9:00am	Drop off - Dressing Rm E&F
9:15 - 10:00am	Volleyball
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	California Kickball
11:45 - 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Ultimate Frisbee
4:00pm	Pick up - Dressing Rm E&F

Tuesday - July 30th

9:00am	Drop off - Dressing Rm E/F
9:15 -10:00am	Capture the Flag
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	Basketball
11:45 - 12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Soccer
4:00pm	Pick up - Dressing Rm E&F

Wednesday - July 31st

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Ultimate Frisbee
10:00 - 11:00am	Ice Skating
11:15 - 11:45am	California Kickball
11:45 -12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Basketball
4:00pm	Pick up - Dressing Rm E&F

Thursday - August 1st

9:00am	Drop off - Dressing Rm E&F
9:00 -10:00am	Soccer
10:00 -10:45am	Volleyball
10:45 - 11:45am	Basketball
11:45 - 12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Parachute
4:00pm	Pick up - Dressing Rm E&F

Friday - August 2nd

9:00am	Drop off - Dressing Rm E&F
9:15 -10:00am	Capture the Flag
10:00 -11:00am	Ice Skating
11:00 - 11:45am	California Kickball
11:45 - 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:15 - 3:45pm	Volleyball
4:00pm	Pick up - Dressing Rm E&F



NOTES:

- **Please let the leader know if your child has any allergies or medications of which we should be aware on the first day of the camp.**
- Please do not have your children valuables to the facility.
- Skate & Helmet rentals available (included with camp admission).

Please Bring:

- **Snacks/Lunch**
- **Water Bottle**
- **Swim Suit/Towel**
- **Outdoor Wear/Shoes**
- **Skating Clothes**
- **Helmet**

Strathcona Gardens
Recreation Complex

225 S. Dogwood St.
Campbell River, BC

P: 250-830-6777

Mon - Fri

Jul 29 - Aug 2

9:00 - 4:00pm

**FOR MORE INFO /
QUESTIONS:**

250-830-6755
jwheeldon@srd.ca

www.strathconagardens.com