

# Multi Sports Camp



## Monday - August 12th

9:00am	Drop off - Dressing Rm E/F
9:15 - 10:00am	Volleyball
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	California Kickball
11:45 - 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Ultimate Frisbee
4:00pm	Pick up - Dressing Rm E/F

## Tuesday - August 13th

9:00am	Drop off - Dressing Rm E/F
9:15 - 10:00am	Capture the Flag
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	Basketball
11:45 - 12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Soccer
4:00pm	Pick up - Dressing Rm E/F

## Wednesday - August 14th

9:00am	Drop off - Dressing Rm E/F
9:15 - 10:00am	Ultimate Frisbee
10:00 - 11:00am	Ice Skating
11:15 - 11:45am	California Kickball
11:45 - 12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Basketball
4:00pm	Pick up - Dressing Rm E/F

## NOTES:

- **Please let the leader know if your child has any allergies or medications of which we should be aware on the first day of the camp.**
- Please do not have your children valuables to the facility.
- Skate & Helmet rentals available (included with camp admission).

## Thursday - August 15th

9:00am	Drop off - Dressing Rm E/F
9:00 - 10:00am	Soccer
10:00 - 10:45am	Volleyball
10:45 - 11:45am	Basketball
11:45 - 12:45pm	Walk to/ lunch @ Outdoor Pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:00 - 3:45pm	Parachute
4:00pm	Pick up - Dressing Rm E/F

## Friday - August 16th

9:00am	Drop off - Dressing Rm E&F
9:15 - 10:00am	Capture the Flag
10:00 - 11:00am	Ice Skating
11:00 - 11:45am	California Kickball
11:45 - 12:45pm	Walk to/ lunch @ outdoor pool
1:00 - 2:30pm	Swimming
2:30 - 3:00pm	Bus to arena
3:15 - 3:45pm	Volleyball
4:00pm	Pick up - Dressing Rm E&F



## Please Bring:

- **Snacks/Lunch**
- **Water Bottle**
- **Swim Suit/Towel**
- **Outdoor Wear/Shoes**
- **Skating Clothes**
- **Helmet**

Strathcona Gardens  
Recreation Complex

225 S. Dogwood St.  
Campbell River, BC

P: 250-830-6777

**Mon - Fri**

**Aug 12 - 16**

**9:00 - 4:00pm**

**FOR MORE INFO /  
QUESTIONS:**

250-830-6755  
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[www.strathconagardens.com](http://www.strathconagardens.com)